



BULETIN BPTK

BAHAGIAN PERUBATAN TRADISIONAL DAN KOMPLEMENTARI, KEMENTERIAN KESIHATAN MALAYSIA

T&CMD BULLETIN

TRADITIONAL AND COMPLEMENTARY MEDICINE DIVISION,
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TRADITIONAL & COMPLEMENTARY MEDICINE

Classification of Complementary Medicine into 4 New Groupings:

1. Biomolecular Medicine (Biological Based Therapy)

- Phytotherapy
- Foods
- Vitamins
- Nutritional Therapy
- Aromatherapy
- Herbal Heat Therapy
- Ozone Therapy
- Weight Therapy
- Anti-Ageing Therapy



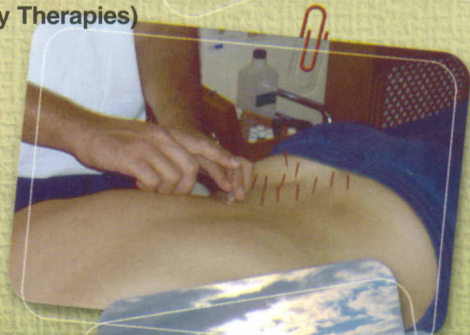
2. Manipulative Medicine (Manipulative & Body Based Methods)

- Chiropractic
- Osteopathic
- Massage
- Reflexology
- Shiatsu
- Exercise Therapy



3. Energy Medicine (Energy Therapies)

- Qi Gong
- Therapeutic Touch
- Acupuncture
- Crystal Healing
- Phytobiophysics
- Colour Vibration
- Aura Metaphysics
- Bach Flower
- Human Universal Energy
- Reiki



4. Mind – Body – Soul Medicine (Mind Body Intervention)

- Meditation
- Prayer
- Mental Healing
- Yoga
- Hypnotherapy
- Phrantic Healing
- Stress Management Therapy
- Psychotherapy
- NLP- Neurolinguistic Programming
- Coaching



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(Note: The T/CMD has been changed to T&CMD in view of the upcoming Act)

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Chief Editor's Note



Starting Right.....

Warm wishes of good health from us.

We at T&CM Division (T&CMD) are having a great time in 2007 and we hope each and everyone of you are too.

With our ultimate vision of ensuring that traditional and complementary healthcare practices are safe and effective, we had to start right this year. Starting right, for us, would be to constantly prepare ourselves in view of the objectives and plans that we had set for the Division.

As one of the major events anticipated by the T&CMD family, the MS ISO 9001:2000 Manual Quality Write-Up was held in the first quarter of the year. We are also geared to implement in stages, the integrative hospital concept in public hospitals, with Kepala Batas Hospital leading the way in October 2007. Also, the Traditional and Complementary Healthcare Practices Bill has been drafted and the stakeholders are being approached for reviews during a nationwide roadshow.

In tandem with the implementation of integrated hospitals, the Honorable Minister of Health headed official visits to China and India, countries spearheading such integral healthcare concepts. These visits indubitably engendered various positive outcomes.

Some T&CM centres were visited on a monthly basis to ensure that the premises and their respective practices were in compliance with the standards set by the MOH. These surveillance activities can ensure effective monitoring and to ascertain that only qualified practitioners are providing their services. In addition, we also aim to compile and publish brochures in collaboration with the Ministry of Tourism to promote selected T&CM centres to tourists and public at large.

Other highlights worth noting are the workshops held to develop standard and criteria for Islamic Medicine, Malay Medicine and T&CM Pharmacy. With approval from the Ministry of Higher Education, these courses can be made available in public and private universities in the near future.

Last but not least, may the Year 2007 bring lots of happiness and prosperity to all of us. Happy reading, folks!

Mathumalar Loganathan

Chief Editor

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OFFICIAL VISIT TO CHINA

With the aim of finalising Cabinet Meeting approval on 11th January 2006 to set-up integrated hospitals, a team of delegates headed by the Honourable Minister of Health, Datuk Seri Dr. Chua Soi Lek and senior officials from the Ministry of Health, Ministry of Higher Education as well as the National Accreditation Council visited China from 12th to 18th November 2006.

Objectives:

1. To learn the implementation of integrated hospitals in China
2. To study standards and quality of Traditional Chinese Medicine (TCM) programme structure as a basis to accreditation of TCM learning centres in Malaysia
3. Attain ideas and study the feasibility of setting up integrative hospital services in the pilot project hospitals
4. Promote collaboration and exchange of expertise by placements of officers for short courses and training
5. To make degree courses in TCM available in higher learning institutions of Malaysia



Programme / Itinerary :

1. Visit to State Administration of TCM (SATCM)
2. Visit to Chinese Academy of Chinese Medical Sciences (CACMS)
3. Visit to Guang'anmen Hospital
4. Visit to TCM universities
 - Beijing University of Chinese Medicine
 - Shanghai University of TCM
 - Nanjing University of TCM
5. Visit to Teaching Hospitals
 - Yueyang Integrated Hospital affiliated to Shanghai University of TCM
 - TCM Hospital of Jiangsu Province affiliated to Nanjing University of TCM
6. Visit to TongRen Tang pharmaceutical factory

Learning Outcomes:

1. Implementation of Integrated Hospital (IH)
 - TCM has been practised more than 5000 years ago.
 - Existence of TCM integrated with modern practice evident 20 years ago; there are currently 30 IH (s) in China.
 - Systematic concept of IH in terms of use of modern diagnostic methods and tools with the combination of modern treatment and TCM.
 - The Ministry of Health China acknowledges TCM expertise in various fields such as obstetric and gynaecology, oncology and paediatrics. For instance, Guang'anmen Hospital in Beijing has become a world-renowned training centre in oncology whereby Chinese herbs are used together with modern treatment for synergistic effect and to overcome side effects.
 - Each TCM practitioner is required to seat for a national qualifying examination before he or she is allowed to practise TCM in hospitals.



2. TCM Learning and Training Institutions

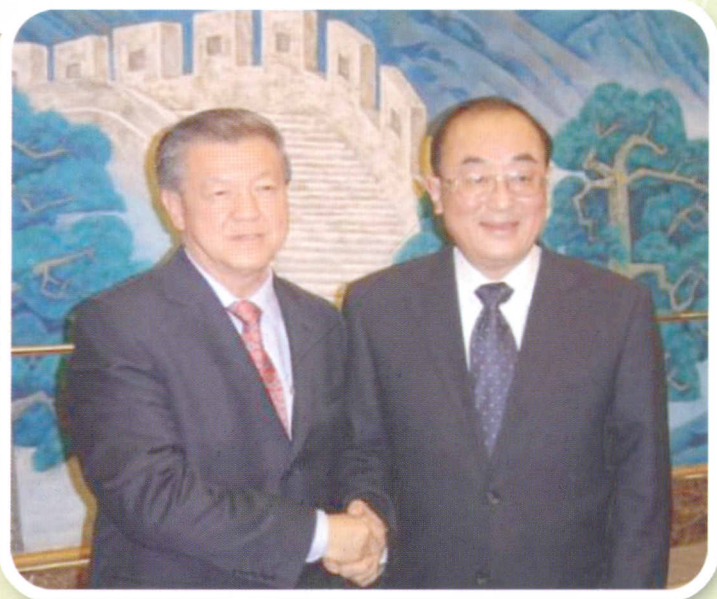
- The course curriculum structure of Bachelor's Degree on TCM (5 years) comprises of 30-40% allopathic medicine and 60-70% subjects on TCM. A clinical or practical training follows at a respective IH.
- Chinese Academy of Chinese Medical Sciences (CACMS), Beijing University of TCM, Shanghai University of TCM and Nanjing University of TCM are training centres for medical practitioners throughout the world. These universities are also WHO Collaborating Centres for acupuncture and moxibustion.
- These universities also collaborate to conduct TCM degree twinning courses with the UK, Germany, Italy, Singapore, Iran, Korea and other countries.



Partnership:

The visit generated many positive outcomes, namely:

- Future placements and exchange of officers for short courses and training between China and Malaysia
- Commitment from China to provide speakers during the International Conference on Traditional & Complementary Medicine (INTRA-COM) on 17th-20th July 2007 and to actively participate in oncology seminars in Malaysia
- Assist in efforts to upgrade practitioners to be on par with global standards of practice such as in implementing national qualifying examination for TCM practitioners in Malaysia
- Agreement to receive follow-up visits from the Malaysian Department of Public Services and Ministry of Higher Education for the accreditation and recognition process of the 3 universities





OFFICIAL VISIT TO INDIA

In concluding approval of the Cabinet Meeting to set-up integrated hospitals and to study the qualification as well as recognition of T&CM practitioners, a team of delegates headed by the Honourable Minister of Health, Datuk Seri Dr. Chua Soi Lek and senior officials from the Ministry of Health, Ministry of Higher Education and National Accreditation Council visited India from the 24th March - 31st March 2007.

Objectives:

1. To learn on the implementation of integrative hospital concept and the practice of Ayurveda
2. To study the learning system of Traditional Indian Medicine (TIM) as a basis to accreditation of T&CM programmes when necessary

Programme / Itinerary:

1. Visit to Central Council for Research (CCR) in Ayurveda, Homeopathy, Naturopathy & Unani Medicine, New Delhi
2. Visit to Central Research Institute (CRI) for Ayurveda, New Delhi
3. Visit to Tibbia College of Ayurveda & Unani, New Delhi
4. Visit to Maharishi Ayurveda Hospital, New Delhi
5. Visit to National Institute of Ayurveda, Jaipur
6. Visit to Madhav Vilas Hospital, Jaipur
7. Visit to University of Kerala, Kerala
8. Visit to Government Ayurveda College and Hospital, Kerala
9. Visit to Beach & Lake Ayurvedic Resort

Learning Outcomes:

1. Implementation of Integrated Hospital (IH)
 - Most ayurvedic hospitals are independent of the modern hospitals. Integrative hospital is relatively a new concept in India. There are approximately 3,000 public hospitals, 23,000 dispensaries with 625,000 TIM practitioners all over India. Most hospitals place emphasis on panchakarma treatment (a branch of ayurvedic medicine) and anal fistula. Panchakarma is used to relieve of various conditions, namely; obesity, digestive problems, piles and body aches.
 - The practice of ayurveda, siddha, unani and homeopathy is given the same status as contemporary medicine. An Act governs all TIM practices and State TIM councils are formed at each state to supervise these practices.
 - The responsibilities of ensuring quality of practices, learning of TIM as well as research and standards of herbal and ayurvedic medication are given to the Department of Indian Systems of Medicine and Homeopathy.
 - The CCR is under the purview of the Department of Ayurveda, Unani, Siddha and Homeopathy (AYUSH), Ministry of Health & Family Welfare and it functions to coordinate all research revolving ayurveda, siddha, unani homeopathy.
 - There are 10 CRI(s) for ayurveda in India. The CRI in New Delhi was established in 1979 and has a hospital with 50 beds solely for research in herbs, panchakarma treatment and anal fistula as well as other related diseases. Apart from CRI, there are 16 Regional Research Institutes in India which conduct research in ayurveda.



2. TIM Learning and Training Institutions

- The course structure of a Bachelor's Degree in ayurveda comprises 4½ years of theory and 1 year of clinical training including training in an allopathic hospital. Clinical research is also a prerequisite to pass.
- 2-year post graduate courses are also offered in universities in the field of ayurveda, siddha, unani and homeopathy.
- National institutes for instance the National Institute of Ayurveda and the National Institute of Homeopathy were formed to augment training and learning of TIM. These institutes are affiliated to universities and conduct TIM courses certified by the government. For example, the National Institute of Ayurveda is affiliated to University of Ayurveda and conducts Degree, Masters, PhD courses as well as Diplomas in Compounding and Nursing. The pharmacy programme also receives an abundance of overseas scholars.



Conclusion:

The visit was successful and has increased collaboration in the field of practice and teaching of ayurveda as well as research. Partnerships, particularly in panchakarma and anal fistula treatment have been established. Assistance in the aspects of practice and learning institutions of TIM as well as exchange of officers for training have been agreed upon.





ACTIVITIES

1. Implementation of Integrated Hospital

The provision of Traditional and Complementary Medicine services in integrated hospitals is charted in the Ninth Malaysia Plan. In integrating healthcare, 3 government hospitals will initiate pilot projects incorporating:

- Acupuncture
- Traditional Malay massage including post natal care
- Chinese herbs as an adjunct to cancer management

Other selected services will later include ayurveda in treating anal fistula and panchakarma. Nevertheless, the pre-requisites for endorsing integrated medicine namely adequate information on T&CM relating to clinical benefits, safety and risks as well as the evidence of credible scientific findings need to be met.

In October 2007, Kepala Batas Hospital in Pulau Pinang will pioneer the provision of these services followed by Putrajaya Hospital in December 2007 and then Sultan Ismail Hospital in March 2008. Both local and foreign T&CM practitioners will be employed on a contract basis.

2. Promulgation of Traditional and Complementary Medicine Bill

A regulatory and legal mechanism for defining the role of T&CM in the national healthcare delivery system will be apparent with the implementation of the Traditional and Complementary Healthcare Practices Bill in 2008. With the enforcement of the Bill, the Traditional and Complementary Medicine Council will oversee registration, licensing and credentialing of practitioners as well as accreditation of T&CM training centres. A comprehensive discussion is ongoing with the Public Service Department on the establishment of a service scheme for practitioners in public hospitals.

3. T&CM Road Show

Concurrently, a nationwide roadshow aiming to promulgate the bill is in progress. Feedback and opinions from primarily the Traditional & Complementary Medicine practitioners, stakeholders and various ministries will be given due consideration and precedence. Schedule for the roadshow is as follows:

Phase 1:

ZONE	PLACE	DATE
Kedah & Perlis	Sultanah Bahiyah Hospital Auditorium, Alor Star	9 May 2007
Kuala Lumpur	Ungku Omar Auditorium, Institute for Medical Research (IMR)	11 May 2007
Terengganu	Ilmiah 2 Hall, Nursing College, Sultanah Nur Zahirah Hospital, Kuala Terengganu,	14 May 2007
Kelantan	Syarahana Hall, Raja Perempuan Zainab II Hospital, Kota Bharu	15 May 2007
Malacca	Community Hall, Ayer Keroh Community Polyclinic	17 May 2007
Kuching	Kenyalang Hall, Sarawak Umum Hospital	21 May 2007
Miri	Kuliah Room, Sekolah Latihan Pra Perubatan Pejabat Kesihatan Bahagian Miri, Sarawak	22 May 2007
Kota Kinabalu	Kolej Sains Kesihatan Bersekutu Auditorium, Sabah	24 May 2007
Sandakan	Meeting Room, Duchess of Kent Hospital, Sabah	25 May 2007
Johor	Sri Mersing Hall, Nursing College, Sultanah Aminah Hospital, Johor Bharu	28 May 2007
Selangor	Serdang Hospital Auditorium	29 May 2007
Pahang	Sri Pelangi Hall, Tengku Ampuan Afzan Hospital, Kuantan	30 May 2007
Perak	Conference Room, Ipoh Hospital	31 May 2007
Pulau Pinang	Mutiara Hall, Seberang Jaya Hospital	1 Jun 2007

Phase 2:

ASSOCIATIONS	VENUE	DATE
Johor Association of Homeopathic Medicine	Johor Bahru, Johor	3 Julai 2007
MRHP (Homeopathy)	Pasir Mas, Kelantan	4 Julai 2007
Malaysian Association of Traditional Indian Medicine (PEPTIM)	BPTK	4 Julai 2007
Spa Association of Malaysia (AMSPA)	BPTK	5 Julai 2007
Federation of Malaysian Traditional Malay Medicine (PUTRAMAS)	BPTK	6 Julai 2007
Malaysian Chinese Medical Association (MCMA)	MCMA Hall, Kuala Lumpur	7 Julai 2007
Federation of Chinese Physicians and Acupuncturists Association of Malaysia (FCPAAM)	KL and Selangor Chinese Assembly Hall, Kuala Lumpur	7 Julai 2007
Association of Homeopathy	Hotel Sentosa Regency, Alor Star, Kedah	8 Julai 2007
Spa and Wellness Industry Association of Malaysia (SWIAM)	BPTK	11 Julai 2007



Mr. Jaafar Lassa, Senior Principal Assistant Director presenting a preview of the bill to participants in Malacca



Participants in Kuching listening attentively



Therapeutic Herbal Garden of Sultan Ismail Hospital, Johor



Dr. Shamsaini Shamsuddin, Senior Principal Assistant Director presenting a souvenir to a guest speaker

The beautifully-landscaped Herbal Garden in Kepala Batas Hospital, Penang





ACTIVITIES

1. Facilitation of services at Integrated Hospitals

Various guidelines for the Traditional and Complementary Medicine Unit in Hospital Setting have been developed, for instance:

- Standard Operating Procedures (SOP) in terms of consultation, treatment, follow-up, procurement and storage of T&CM products, dispensing of products and fees
- Code of Ethics and Code of Practice for Traditional and Complementary Medicine Practitioners
- Guideline on Basic Training and Safe Practice in Acupuncture
- Guideline on Malay Massage in Hospital Setting
- Guideline on Herbal Therapy as Adjunct Treatment for Cancer which includes list of herbal formulations according to types of cancer, list of herbal formulation as adjunct treatment for cancer, list of ingredients for finished herbal formulation as adjunct treatment for cancer and list of additional single herb extract as adjunct treatment for cancer

2. Total number of foreign traditional and complementary medicine practitioners given supporting documents to practise in Malaysia

BIL.	PLACE	NO. OF PRACTITIONERS (2005)	NO. OF PRACTITIONERS (2006)	NO. OF PRACTITIONERS (till June 2007)
1	Thai Massage	65	27	18
2	Traditional Chinese Physician	26	39	23
3	Reflexology	26	14	3
4	Acupuncture	14	9	6
5	Podiatry	1	0	1
6	Ayurveda	23	34	19
7	Siddha Physician	0	2	0
8	Myotherapy	1	0	1
9	Chiropractic	11	7	9
10	Herbalist	1	0	0
11	Tuinalogy	2	9	12
12	Balinese Massage	0	2	4
13	Naturopathy	0	1	0
14	Osteopath	0	0	1
	Total	178	144	97



Electronic dispensing machine



Herbs storage & preparation area

3. Total number of traditional and complementary medicine practitioners registered with their respective practitioner bodies (till June 2007)

PRACTITIONER BODIES	TOTAL (PERSONS)
Federation of Malaysian Traditional Malay Medicine / <i>Persekutuan Perubatan Tradisional Melayu Malaysia (PUTRAMAS)</i>	75
Malaysian Association of Traditional Indian Medicine / <i>Pertubuhan Perubatan India Malaysia (PEPTIM)</i>	220
Federation of Chinese Physicians and Medicine-Dealers Association of Malaysia (FCPMDAM)	1,726
Federation of Chinese Physicians and Acupuncturists Association of Malaysia (FCPAAM)	881
Malaysian Chinese Medical Association (MCMA)	69
The Malaysian Society for Complementary Therapies (MSCT)	1,763
Malaysian Homeopathic Medicine Council / <i>Majlis Perubatan Homeopathy Malaysia (MPHM)</i>	679
Total	5,413

* More than 2,000 practitioners have not renewed their certificates; total estimated practitioners = 7,154



ACTIVITIES

Meetings at T&CMD

1. 15th February 2007 - Meeting to determine the respective concepts of treatment with MSCT chapter leaders
2. 16th February 2007 - Meeting on use of herbs in traditional medicine
3. 31st February 2007-Technical Training Committee Meeting
4. 23th February 2007 - Islamic Medicine Meeting
 - Members of the Islamic Medicine Meeting unanimously agreed on The Donts' in Islamic Medicine i.e
 - *Bedah batin* because it uses the medium of *makhluk halus*
 - Wrongly reciting the *Quran* verses during treatment by way of :
 - Adding verses
 - Subtracting verses
 - Reversing verses
 - The use of *azimat*, *tangkal* or *susuk* either from *Al Quran* verses or any other material
 - The use of *kemenyan* as a medium
 - The use of black magic as a medium of treatment
 - Becoming a practitioner of Islamic Medicine by way of receiving signs through dreams
5. 5th March 2007 - Joint Committee Meeting between Ministry of Health and Ministry of Higher Education
6. 15th March 2007 - Traditional Massage Promotion Meeting

Workshops and Courses

1. 1st March 2007 - Workshop on the Development of Standard and Criteria for T&CM Programmes : 3 modalities were discussed; T&CM Pharmacy, Islamic Medicine and Malay Medicine
2. 29 & 30th March 2007 - Course on the Introduction to Anatomy and Physiology in Ungku Omar Hall, Institute for Medical Research, Kuala Lumpur
3. 19-20th May 2007 - Course on the Introduction to Anatomy and Physiology in Bispuri Training Centre, Kuching, Sarawak
4. 20-21st May 2007 - Course on the Introduction to Anatomy and Physiology in Rose Academy of Healing Therapies, Luyang, Kota Kinabalu, Sabah

Workshops on the development of standard and criteria for 13 T&CM programmes at both diploma and degree levels, organised by the T&CM Division

BIL.	PRACTICE	DIPLOMA LEVEL	DEGREE LEVEL
1	Acupuncture	X	X
2	Natural Medicine	X	X
3	Chiropractic	-	X
4	Homeopathy	-	X
5	Traditional Chinese Medicine	-	X
6	Reflexology	X	-
7	Malay Massage	X	-
8	Aromatherapy	X	-
9	Malay Medicine	-	X
10	Islamic Medicine	X	-

Short Seminars at T&CMD

Continuous Professional Development (CPD) in the form of a short seminar is held once a month in Block C, Jalan Cenderasari, Ministry of Health. Up-to-date, this division has conducted 6 CPD(s). Lectures were given by practitioners representing various practitioner bodies. Participants include staffs of T&CMD as well as officers from other government agencies.

- 24th January 2007- Short seminar on Concept of Treatment in Chinese Medicine for Chronic Diseases by Malaysian Chinese Medical Association (MCMA)
- 28th February 2007- Short seminar on Concept of Treatment in Malay Medicine for Chronic Diseases by Federation of Malaysian Traditional Malay Medicine (PUTRAMAS)
- 8th March 2007- Short seminar on Concept of Treatment in Homeopathy for Chronic Diseases by Malaysian Homeopathic Medicine Council (MPHM)
- 25th April 2007 - Short seminar on Concept of Treatment in Reflexology for chronic diseases by Malaysian Society of Complementary Therapies (MSCT)
- 30th May 2007 - Short seminar on Concept of Treatment in Using Chinese Herbs by Malaysian Chinese Medical Association (MCMA)
- 27th June 2007- Short seminar on Concept and Practices in Spa by AMSPA

Continuous Medical Education (CME) in Government Hospitals

► Topic: Implementation of Integrated Hospital

NO.	DATE	VENUE
1	22 nd August	Kuala Lumpur Hospital
2		Tengku Ampuan Rahimah Hospital, Klang
3	13 th April	Tuanku Jaafar Hospital, Seremban
4		Malacca Hospital
5		Sultanah Aminah Hospital, Johor Bharu
6		Tengku Ampuan Afzan Hospital, Kuantan
7	5 th July	<i>Rawatan Harian Auditorium</i> , Kuala Terengganu Hospital, Terengganu
8	7 th June	Raja Zainab II Hospital, Kota Bharu
9	23 rd March	Ipoh Hospital, Perak
10		Alor Star Hospital, Kedah
11	18 th April	Kangar Hospital, Perlis
12		Pulau Pinang Hospital
13	17 th August	Queen Elizabeth Hospital, Kota Kinabalu
14	21 st September	Sarawak Umum Hospital, Kuching

CME conducted

Dates fixed

Dr. Radzuan Mat Ibrahim inviting a guest speaker at the Ungku Omar Hall, IMR





This new section is lead by Mr. Hj. Mohd. Zulkifli Abdul Latif. It functions to primarily inspect traditional and complementary medicine premises and curb malpractices.

ACTIVITIES

1. Inspections of T&CM practitioners at their respective premises for the purposes of registration
 - ▶ The T&CMD advocates practitioners to voluntarily register with their respective practitioner bodies prior to the enforcement of the Traditional and Complementary Healthcare Practices Act upon which registration will be mandatory.
 - ▶ Act of offence: any advertisement referring to diagnosis, prevention or treatment of any 20 diseases or conditions (as specified in the schedule below) contravenes the Medicines (Advertisement and Sale) Act 1956 and hence is strictly prohibited

Schedule (Section 3)

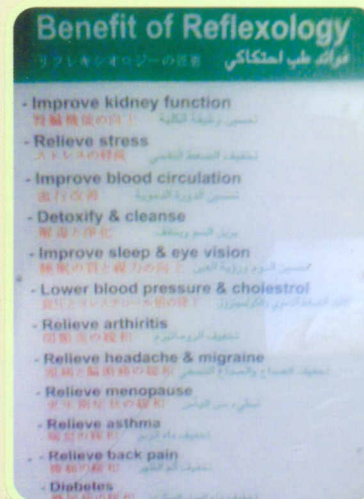
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|--------------------------------------|--|
| a) Diseases or defects of the kidney | k) Drug addiction |
| b) Diseases or defects of the heart | l) Hernia or rupture |
| c) Diabetes | m) Diseases of the eye |
| d) Epilepsy or fits | n) Hypertension |
| e) Paralysis | o) Mental disorder |
| f) Tuberculosis | p) Infertility |
| g) Asthma | q) Frigidity |
| h) Leprosy | r) Impairment of sexual function or impotency |
| i) Cancer | s) Venereal disease |
| j) Deafness | t) Nervous debility, or other complaint or infirmity, arising from or relating to sexual intercourse |

Adapted from: Malaysian Laws on Poisons and Sale of Drugs (as at 5th January 2006)

2. Investigate and take remedial actions against complaints from the public regarding T&CM practices
 - ▶ All complaints substantiated with evidence and documentation will be resolved in 2 weeks.



Tung Shin- A typical Chinese herbal dispensary



Example of advertisement that is strictly prohibited

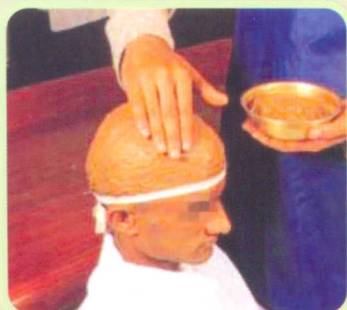


Inspection by the officers at a premise



Products (including injection and ampoules) as discovered by the officers

3. Mapping of T&CM practitioners in Klang Valley



Talapodichil



Chinese physician practising tuina on patient



Practising qi gong



Administration & Finance

Headed by Ms. Wan Ayuni Wan Yusof, this section had carried out the following activities:

1. Renovation of the existing Block E in particular the Inspectorate & Enforcement office
2. Preparation for the 6th International Traditional & Complementary Medicine Conference (INTRACOM) and 3rd International Congress on Traditional Medicine & Materia Medica (ICTMMM)
3. Preparation of several working papers on budget for INTRACOM, International Regulatory Cooperation on Herbal Medicines (IRCH), Asia-Pacific Traditional Medicine Network (APTMnet), T&CM contract for officers from China and
4. Staff training. The list is as follows:

Siti Ina Suhaida Idris ■ Briefing on Event Management & Protocol ■ Course on Implementation of HRMIS Application ■ Course on Leave Replacement ■ Course on Leadership in Organisation Management ■ Course on Safety Protection Awareness	Norjanah Abd Karim ■ Course on Safety Protection Document Control Module ■ Course on Desktop Productivity: Database ■ IT Assessment and Certification (ISAC)
Anis Romiza Sulaiman ■ Integration National Module	Rasidah Bt. Mohd Rosly ■ Course on Desktop Productivity: Database
Mohd Azlan Che Muhammad ■ Integration National Module	



Information Technology

This section is now headed by Ms. Suhana Johar, an information system assistant officer taking the place of Mr. Badrul Hisham. With the assistance of a working committee, she is currently developing a multimedia presentation featuring T&CMD. The T&CM online registration, a sophisticated application system that will be utilised to register practitioners, is also being developed under her supervision. Several other databases will be developed in phases for the purpose of research & development and enforcement activities, among others.



Towards MS ISO 9001 : 2000

Journal : Bukit Tinggi Selesa Home Resort

The ISO: Manual Quality Write-Up was held from 9-11th March 2007 in Bukit Tinggi's Selesa Home Resort. It was truly a memorable and productive weekend for all T&CMD family members.

Day 1: 9th March 2007

It was approximately 5:30pm when the bus we boarded hit the mainroad. All along the journey, we had a fun time; singing, munching on crackers and chit-chatting. The bus was filled with laughter and the ambience was soothing with soft music in the background. It took a pleasant one-hour drive to our destination. We were warmly greeted by the lushness and mesmerising scenery of Selesa Home Resort.

It was approaching dusk when we had our tea with some local delicacies; namely samosa and spicy tuna sandwich. Then after, we checked into our rooms and had a quick shower just in time for dinner. Although quite contented with our last meal an hour ago, dinner was set so perfectly, we could not resist the temptation.

At 8:30pm, we gathered in the seminar room for a briefing by the Senior Principal Assistant Director, Mr. Jaafar Lassa. We listened carefully and dis-

cussed thoroughly the modules in preparation for the following day. Each participant was assigned to their respective groups and topics of discussion.

After a late supper, we left for our rooms. Each of us was eager to call it a day.

Day 2: 10th March 2007

We rose before sunrise. We enthusiastically gathered at the field for an aerobic workout. The exercise lasted for about 40 minutes. It was indeed an invigorating workout for all of us. We then adjourned for breakfast.

At 9am, we were seated in the seminar room and were brainstorming for ideas on our relevant topics. We managed to get the ball rolling and by then it was lunchtime. We savoured on some mouth-watering food before returning to the hall. We continued to put together all information and were soon preparing our slides for the presentation due the next day. As everyone was almost finished with completing their tasks, the uptight atmosphere was gradually filled with smiles and humour.

Soon, we headed for some light refreshment. Then, we gathered for a warm-up exercise before we set off into the jungle. Jungle trekking was indeed a much awaited activity for most of us. Some voluntarily backed out for fear of the bloodsucking leeches!

Although it was still raining and the ground was wet, we managed to brave through the thick woods. Fortunately, we got back safe and sound.

Needless to say, we were exhausted and starving that night. Dinner was rather grand, with a barbeque menu and karaoke in the background. We discovered a few talents amongst us. It was certainly a very entertaining night.

Day 3: 11th March 2007

It was the final day. After breakfast, we continued with the final discussion followed by presentations by each group. En. Jaafar wrapped up the course on a cheerful note; thanking everybody for their active participation. The ISO: Manual Quality Write-Up went according to schedule and the objectives were achieved. Some expressed regret that the course was too short and hoped for more outdoor activities. Well, I guess all good things must come to an end.





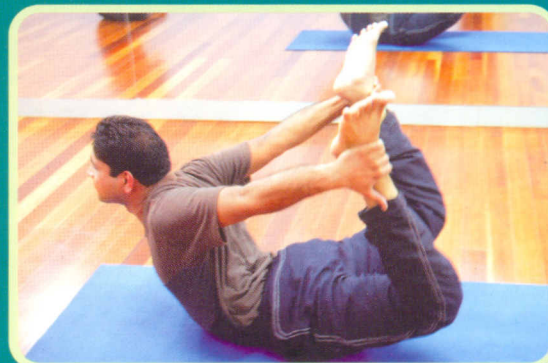
Parliament Secretary of Health Ministry, Y.B Dato' Lee Kah Choon, chairing a meeting at T&CMD



Director, Dr Ramli Abd. Ghani welcoming delegates to the seminar



Practising phytotherapeutics



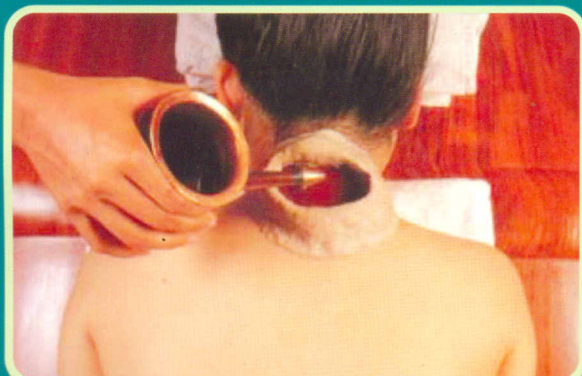
Practising Yoga



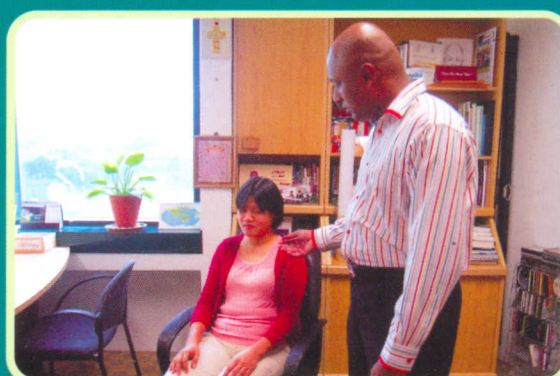
Brainstorming during ISO:Manual Quality Write-Up



Rejuvenated after aerobics



Ayurvedic therapy



Practising hypnosis

Traditional and Complementary Medicine (T&CM)

***Ministry of Health Malaysia will initiate Integrative
Hospital pilot projects in 3 hospitals:***

- i. KEPALA BATAS HOSPITAL, PULAU PINANG***
- ii. PUTRAJAYA HOSPITAL, WP PUTRAJAYA***
- iii. SULTAN ISMAIL HOSPITAL, JOHOR BHARU***

Services provided:

- ***Acupuncture***
- ***Traditional Malay massage
including post natal care***
- ***Chinese herbs as an adjunct
to cancer management***

Kindly contact the hospitals' respective T&CM units for further information

By:



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