



**CARE EXTENSION TO TRADITIONAL AND COMPLEMENTARY MEDICINE (T&CM)
SERVICES FORM, IN MINISTRY OF HEALTH (MOH) HOSPITAL**

To		Date	
Patient's Name		IC No.	
		RN No.	
Patient's Medical History			
Patient's Diagnosis			
Presence of contraindications: Yes [<input type="checkbox"/>] / No [<input type="checkbox"/>] (please refer the contraindications of T&CM services at the next page)			
Indication for Treatment			
Acupuncture <ul style="list-style-type: none"> <input type="checkbox"/> Post Stroke <input type="checkbox"/> Chronic Pain <input type="checkbox"/> Chemotherapy Induced Nausea and Vomiting 		Shirodhara <ul style="list-style-type: none"> <input type="checkbox"/> Insomnia <input type="checkbox"/> Headaches <input type="checkbox"/> Stress or Mental Fatigue <input type="checkbox"/> Anxiety <input type="checkbox"/> Mild Depression 	
Traditional Massage <ul style="list-style-type: none"> <input type="checkbox"/> Post Stroke <input type="checkbox"/> Chronic Pain 		External Basti Therapy <ul style="list-style-type: none"> <u>Kati Basti</u> <ul style="list-style-type: none"> <input type="checkbox"/> Lumbago (Low Back Ache) <input type="checkbox"/> Lumbar Spondylosis <input type="checkbox"/> Inter-vertebral disc prolapses <input type="checkbox"/> Sciatica <u>Greeva Basti</u> <ul style="list-style-type: none"> <input type="checkbox"/> Neck Stiffness and Pain <input type="checkbox"/> Cervical Spondylosis <u>Janu Basti</u> <ul style="list-style-type: none"> <input type="checkbox"/> Stiffness and Pain in Knee Joint <input type="checkbox"/> Osteoarthritis of knee Joint 	
Herbal Therapy as Adjunct Treatment for Cancer		<input type="checkbox"/>	
Verified by: _____ Signature: _____ Department: _____			

* This form is VALID for 1 month only.

Treatment Selection				
Acupuncture	Traditional Massage	Shirodhara	External Basti Therapy	Herbal Therapy as Adjunct Treatment for Cancer
Patient Criteria:	Patient Criteria:	Patient Criteria:	Patient Criteria:	Patient Criteria
<ul style="list-style-type: none"> ▪ 18 years old and above ▪ Clinically stable ▪ Able to understand and follow instruction 	<ul style="list-style-type: none"> ▪ 18 years old and above ▪ Clinically stable ▪ Able to understand and follow instruction 	<ul style="list-style-type: none"> ▪ 18 years old and above ▪ Clinically stable ▪ Not bedridden ▪ Not acutely psychotic, suicidal, delirious, manic, or demented ▪ Not intellectually challenged 	<ul style="list-style-type: none"> ▪ 18 years old and above ▪ Clinically stable ▪ Not bedridden ▪ Able to understand and follow instruction 	<ul style="list-style-type: none"> ▪ 18 years old and above ▪ Referred by a specialist in charge (an Oncologist) or a registered Medical Officer under the supervision of a specialist
Indications				
<ul style="list-style-type: none"> ▪ Post Stroke ▪ Chronic Pain ▪ Chemotherapy Induced Nausea and Vomiting 	<ul style="list-style-type: none"> ▪ Post Stroke ▪ Chronic Pain 	<ul style="list-style-type: none"> ▪ Insomnia ▪ Headaches ▪ Stress or Mental Fatigue ▪ Anxiety ▪ Mild Depression 	<p>Kati Basti</p> <ul style="list-style-type: none"> ▪ Lumbago (Low Back Ache) ▪ Lumbar Spondylosis ▪ Inter-vertebral disc prolapses ▪ Sciatica <p>Greeva Basti</p> <ul style="list-style-type: none"> ▪ Neck Stiffness and Pain ▪ Cervical Spondylosis <p>Janu Basti</p> <ul style="list-style-type: none"> ▪ Stiffness and pain in Knee Joint ▪ Osteoarthritis of knee joint 	<ul style="list-style-type: none"> ▪ Reduce cancer symptoms and complications ▪ Minimise side effects <p>Resulting from conventional cancer treatment (e.g. Chemotherapy/ radiotherapy)</p>
Contraindications				
<ul style="list-style-type: none"> ▪ Medical and surgical emergencies e.g.: <ul style="list-style-type: none"> a. Uncontrolled diabetes b. Cardiac arrhythmias c. Heart failures ▪ Severe and uncontrollable neurological conditions e.g.: <ul style="list-style-type: none"> a. Uncontrollable epilepsy b. Athetoid patients or movement ▪ Cardiac pacemaker or any devices that emit electrical frequency (contraindicated for electro acupuncture) ▪ Diagnosed with skin conditions e.g.: <ul style="list-style-type: none"> a. Undiagnosed lump, warts, moles b. Infected skin c. Allergic to metal ▪ Bleeding tendencies/ On anticoagulants ▪ Pregnancy ▪ Malignant Tumour ▪ Unstable Haemorrhagic stroke 	<ul style="list-style-type: none"> ▪ Deep Vein Thrombosis ▪ Bone Fracture ▪ Osteoporosis ▪ Pregnancy ▪ High Fever ▪ Cancer ▪ New open wounds/ burn ▪ Skin problems over affected area ▪ Bleeding disorder e.g. Haemophilia ▪ Taking anticoagulation drugs e.g. warfarin 	<ul style="list-style-type: none"> ▪ Hypotension ▪ Alcoholism ▪ Drug addiction ▪ Pregnancy ▪ Brain Tumour ▪ Central or Peripheral Neuropathy ▪ Peripheral Arterial Disease ▪ Conditions of the head and neck region.e.g.: <ul style="list-style-type: none"> a. Recent neck injury b. Presence of an open wound c. Presence of inflammation d. Loss of sensation e. Acute Sinusitis ▪ Psychological disorders (Acute psychosis, suicidal ideation, delirious, mania or dementia) ▪ Influenza- like-Illness (ILI) 	<ul style="list-style-type: none"> ▪ Fever ▪ Pregnancy ▪ Acute Sinusitis ▪ Acute Alcohol Intoxication ▪ Acute Withdrawal Syndrome ▪ Central or Peripheral Neuropathy ▪ Peripheral Arterial Disease ▪ Conditions of the lumbar, neck and knee region e.g.: <ul style="list-style-type: none"> a. Recent injury (fracture and dislocation) b. Open wound over the treatment area c. Inflammation of the treatment area d. Cancer e. Tuberculosis of the spine 	Herbal therapy is not given concurrently with chemotherapy

* All guidelines are available at <http://tcm.moh.gov.my/ms/index.php/dasar/garis panduan/amalan>