

Bridge

Bridging the gap

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THE OFFICIAL ORAL HEALTH PROGRAM, MINISTRY OF HEALTH MALAYSIA NEWSLETTER

From
a small seed,
a mighty
tree
may grow



Oral Health Programmes carried out today for the future; TW1ST, IPG, and KOA

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Storytelling is a tried and tested method of conveying a message. Memories of heroic deeds, folklore, forewarning and many more have been passed down using stories.

Storytelling is so effective that, even as adults, many of us still remember the timeless classics that we read as a child. These stories are passed on to our children and they reap the benefits, be it a positive message or a caution.

This guideline aims to inspire the dental staff to create stories filled with messages on good oral health care practices.

Through this, we hope to create our own legacy, creating a community that is adept at using storytelling to convey the importance of oral health care. Many stories, suitable for various tastes are available in this guideline.

To the oral health personnel reading this book, use it as a guide in creating your own story, telling the tale of the importance of proper health care. This book can be obtained via the state health director or downloaded from our website at: <http://ohd.moh.gov.my/v3/index.php/en/downloads1/dhe-materials>.

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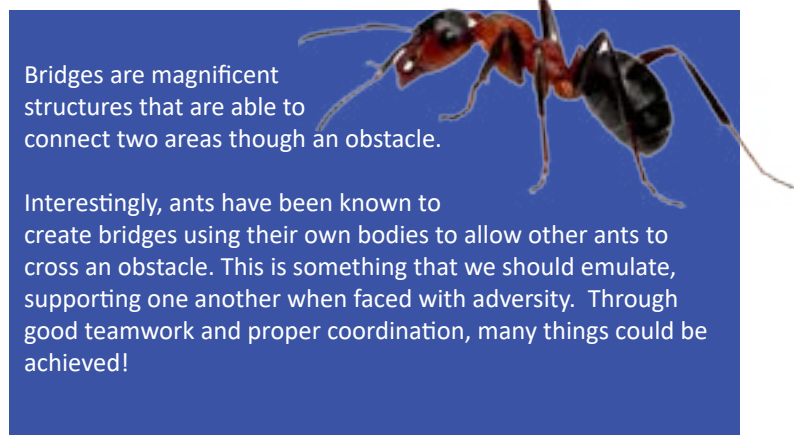
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2 things that come to mind when we talk about sustainability: the colour green and trees, oh so many trees. Sustainable practices, although present since the beginning of civilization were founded, was brought into the spotlight in 2018.

Now, more than ever, people are realizing the importance of sustainability as greenhouse effects are more obvious than ever. How different are our daily practices; where previously a shaft of sunlight on our skin was welcomed, we now stay indoors out of the sunlight in the comfort of our air-conditioned rooms.

Many people forget that, sustainable practices also apply to our economy and our society. An economy which is not sustainable will result in our country's currency free-falling in the Forex market, while a non-sustainable society will see the decline of the said society.

So beloved readers, join us in this issue of The Bridge, where we discuss and share with you the initiatives carried out by the Oral Health Programme towards a more sustainable future!

If you want to change the world, start with yourself

Happy reading everyone!
Faris MN



Trees have always had a sense of majesty surrounding them. How tall a tree can grow and how a single tree can support an entire ecosystem has never failed to amaze me. The oldest living tree is 5,000 years old, the same age as when the history of humans was first recorded in the 30th century BC.

Suffice to say, that tree has experienced and withstood the test of time, something no great empire of old could boast of. It is difficult to imagine, that such greatness could come from a tiny insignificant seed; whether planted purposely or by accident, we will never know. What we do know is that tiny seed has grown to be bigger than our wildest imagination. As the old saying goes: from little acorns, do mighty oaks grow.

This is what we should strive to achieve for the future of the Oral Health Programme. The various initiatives and efforts carried out by us today are like seeds purposely planted that one day will grow to become a majestic tree, which will withstand the test of time, providing sustainable growth to its ecosystem, while continuing to grow, reaching new heights and remembered for all time.



Message from the Principal Director of Oral Health

service delivery, saves time, increase productivity and most importantly improve cost of care.

Social sustainability is gained through various initiatives such as the Community College Oral Health Programme, the Oral Health Collaboration Programme with Religious Bodies and our flagship: the *Ikon Gigi* Programme. Through empowerment of the community, we ensure that Malaysians know how to care for their oral health, thus ensuring prosperity of our *Rakyat*. Most often than not, we forget, that giving service in health does not simply mean providing treatment to patients, but we have a larger role to play in educating the public.

Lastly, we ensure that sustainability of the environment are taken care of with a strong dental fraternity. Education is undeniably the way forward for the Oral Health Program. The inaugural participation of Malaysia in the International Conference for Dental Regulators, the discussion with the Medical Protection Society (MPS) UK and the meeting with heads of the Royal College of Surgeons, England will create a great impact in our dental landscape for years to come. Also, with the updated Clinical Practice Guidelines, we are more streamlined and have a clearer direction to steer our actions. These efforts in improving our capacity and

comprehension will lead to a sustainable oral health future for Malaysia.

All in all, thank you for your efforts. Allow me to borrow a quote from the late American president,

We cannot possibly do our best work as a nation unless all of us know how to act in combination as well as how to act each individually for himself.

Theodore Roosevelt

To sum up, all of us have a role to ensure sustainability of our nation. We must work together as a team at the same time put in our finest effort as an individual in ensuring our nation's great future. Thank you, and I look forward to once again to work with all of you, as one, this coming new year...

Datuk Dr Noor Aliyah Ismail
Principal Director of Oral Health

Official Visit of YBhg. Datuk Dr Noor Aliyah binti Ismail, the Principal Director of Oral Health to London

By: Dr Nurul Syakirin Abdul Shukor

From 2 till 7 October 2017, YBhg. Datuk Dr Noor Aliyah binti Ismail made a working visit to London, United Kingdom in conjunction with the 5th International Conference for Dental Regulators. The aim of this visit was to explore the latest developments in the dental profession globally. The visit began with a courtesy call on H.E Dato' Ahmad Rasidi Hazizi, the High Commissioner of Malaysia to the United Kingdom. This was followed by a meeting with the Dean, the Registrar and the Head of Education from the Faculty of Dentistry, Royal College of Surgeons, England. The purpose of the meeting was to follow-up on the initial visit by our Director-General of Health in August 2017, on the proposal of an alternative pathway in dental post graduate training.

On the second day, YBhg. Datuk Dr Noor Aliyah paid a visit to Education Malaysia, United Kingdom and Eire (EMUKE). An enlightening discussion was held with Prof. Madya Dr. Zainal Abidin Sanusi, the Director of EMUK, together with Mr. Arzi Fareen Hj Faisal, the Public Service Department (JPA) Counsellor (Education & Training) as well as Mr Ruzain Shukor Mansor, the EMUK Education Attaché (Religious Matters & Counselling). Later in the afternoon, a meeting was held with Dental Protection under the Medical Protection Society (MPS) UK at their London office, situated at The Shard, which is the tallest building in



YBhg Datuk Dr Noor Aliyah with members of the Medical Protection Society (MPS) UK

the United Kingdom. YBhg. Datuk Dr Noor Aliyah was given insights on the medical indemnity coverage offered by MPS, a leading provider of professional protection for medical doctors, dentists and other healthcare professionals. The services provided by MPS include support, advice, risk management and defence.

From 5 to 6 October, YBhg. Datuk Dr Noor Aliyah attended the 5th International Conference of Dental Regulators held at the Queen Elizabeth II Centre, Westminster, London. The conference was a success, where experts and leaders in regulation from around the world presented on engaging, thought-provoking topics. The official programme of the Principal Director of Oral Health cum Registrar of the Malaysia Dental Council concluded

with a special dialogue session and gathering with the pre and post graduates dental students in the UK at Malaysia Hall, London. 33 participants, inclusive of MOH, MARA, JPA and self-sponsored dental students, came from as far as Belfast, Ireland and Dundee, Scotland to attend this first-ever assembly.

The 6-day official visit to London was indeed memorable and productive, where YBhg. Datuk Dr Noor Aliyah had the opportunity to be connected as well as discuss a broad range of issues and priorities related to oral health professional development and the standards of dental practice internationally.



The Principal Director with members of Royal College of Surgeons, England



The Principal Director with Pre and Post Graduate Dental Students from all over the United Kingdom



Oral Health Collaboration Programme KOA Hindu

By: Dr Faris MN

We have seen the launching of the KOA Islam and KOA Buddha. Now comes the time for KOA Hindu. KOA or *Kesihatan Oral dan Agama* is a programme that aims to enhance oral health promotion through religion. Any religion, has a requirement for the followers/believers to take care of their own health.

The mouth, being the gateway to the body, plays a large role in our general health. Hence, it is only right that we start with the mouth and then extend care to the entire body. Hinduism is a religion where healthcare plays a huge role in its teachings, through its branches in Ayurveda and Yoga.

KOA Hindu, held on 21 July 2017, was the first event of its kind. It was indeed the first oral health event to be conducted at a Hindu Temple, and the first KOA event to be held at night.

The event was divided into two components. In the morning, various exhibitions and services were offered. Among the services offered were mouth examinations, health checks, licence renewals, and summons payment. The



Interactive component at the site of the event



YB Minister of Health Malaysia
presecuting the lucky draw prize

other component involve the launching of KOA Hindu, which was conducted at night. The welcoming ceremony before the launch saw many activities including a short prayer session, a sermon by Dr G Krishana Ananda, an Oral & Maxillofacial Surgery Specialist, followed by a recitation of a Thevaram. The organizers were overjoyed that the Minister of Health, YB Datuk Seri Dr S. Subramaniam was available to participate in the welcoming ceremony and subsequently officiate the event.

KOA is an important landmark event in Malaysia, integrating health and religion. This third launch of a four-part series highlights the importance of this event to all stakeholders and will continue to be expanded even further.

Since its launching, states across Malaysia have taken the initiative to conduct their own KOA at state level. 3 out of 4 of the major religions (excluding Christianity) have been involved, and come 2018, all the major pieces will come together making the event whole; and hopefully it will continue to develop further in the future.



YBhg Datuk Dr Noor Aliyah delivering the opening speech



National Awards for Innovation, 2017 Ministry of Health (MOH) Malaysia

By: Dr Nur Diana Latif

YBhg Dato' Seri Dr Chen Chaw Min visit the innovation display

The National Awards for Innovation, 2017 MOH was held from 3 to 5 October 2017 at the Summit Hotel USJ, Subang Jaya. This event is a collaboration of the MOH Oral Health Program as the Main Secretariat together with the Management Services Division, Family Health Development Division, Policy & International Relations Division and Information Management Division of the MOH.

The Closing Ceremony was officiated by YBhg. Dato' Seri Dr Chen Chaw Min, MOH Chief Secretary on 5 October 2017. Also present were YBhg. Dato 'Hasnol Zam Zam Ahmad, Deputy Chief Secretary (Management) and YBhg Datin Dr Rohani bt Embong, Director of Oral Health Policy and Strategic Planning Division, as the official representative of the Principal Director of Oral Health cum Chairman of the National

Awards for Innovation 2017 MOH Committee.

This programme aims to give recognition to the innovations initiated by MOH personnel, in order to nurture and foster a creative and innovative culture in their daily work, to introduce and disseminate the results of innovation initiatives and to improve the quality of customer service by implementation of the innovations.

There was an overwhelming response, with a total of 44 teams comprising of MOH staffs from all parts of Malaysia participating in the final competition according to the following breakdown; Product (20 groups), Process (8 groups), Service (8 groups) and Technology (8 groups). We are proud, to note that among the 5 dental projects selected for the finals, 4 of them were nominated for awards.



Prize presentation by YBhg Dato' Seri Dr Chen Chaw Min

Participants were encouraged to initiate sharing of their projects for mutual benefit and in line with the objective of this programme, to further improve the quality of service delivery.

Additionally, teams with potentially marketable innovation projects were also encouraged to apply for patents as the first step towards commercialization. In summary, a small innovation idea, if carried out with great effort and commitment has the potential to achieve great results.



The participants of the National Award for Innovation 2017, Ministry Of Health, Malaysia with the VIP guests

Awards:

Project	Facility
Product Category	
1st Place Modified Dunlop Traction (Mdt)	Jabatan Orthopedik, Hospital Sultanah Nur Zahirah
2nd Place Multipurpose Larvacide Sprayer (Mls) V2.0	Pejabat Kesihatan Daerah Raub
3rd Place Gold Retractor	Pejabat Kesihatan Pergigian Bahagian Miri
Special Jury Award Eco Friend Dewax Easy Handle K7	Unit Fisioterapi Hospital Rehabilitasi Cheras Pejabat Kesihatan Daerah Petaling
Process Category	
1st Place Ez Finger Print	Jabatan Perubatan Forensik Hospital Sultanah Bahiyah
2nd Place Smart Flask Opener (Sfo)	Pejabat Kesihatan Pergigian Daerah Hulu Perak
3rd Place Magic Mould	Pejabat Kesihatan Pergigian Daerah Seberang Perai Tengah
Special Jury Award Ez Weigh	Jabatan Farmasi Hospital Serdang
Service Category	
1st Place Gu Cakna Ubat	Jabatan Kesihatan Negeri Kelantan
2nd Place Pengenalan Insuroute Dalam Perkhidmatan Diabetes Medication Therapy Adherence Clinic (DMTAC)	Jabatan Farmasi Hospital Kanowit
3rd Place Hab Interaktif Denggi	Pejabat Kesihatan Daerah Seberang Perai Tengah
Special Jury Award ComForM	Pejabat Kesihatan Kawasan Kudat
Technology Category	
1st Place i-MRT Jalan Penyelesaian MR Cardiac / Liver Bagi Pesakit Kanak-Kanak yang Menghidapi Zat Besi Berlebihan	Jabatan Radiologi, Hospital Selayang
2nd PLACE Advanced Clinic Management-ACM	Pejabat Kesihatan Daerah Kubang Pasu
3rd PLACE Sistem Pengurusan Permohonan Penempatan (ePlacement)	Bahagian Sumber Manusia, IPKKM



One-Day Denture

By: Dr Chung Yee Shien

Complete edentulousness remains a major oral disease worldwide, especially among the elderly as medical technology continues to flourish, resulting in longer life expectancy. Although, implant-supported dentures have become more popular recently conventional dentures are still in demand and are considered the most common and favoured treatment choice for full oral rehabilitation, especially for those with financial constraints.

In this era of globalization, the impact of oral health on the quality of life is more obvious to individuals. This is due to the rapid information sharing capability. Patients are now more conscious that they are in need of denture, as it will affect their quality of life physically and psychologically. Thus, it is the responsibility of the Oral Health Programme to improve and innovate in terms of fabricating dentures in order to produce good quality dentures, which will in turn improve the oral health related quality of life.

In view of the current time-consuming and complex procedures involved in fabricating a set of full dentures, a new process called "One-Day Full Denture (1 DFD)" was introduced by the Oral and Maxillofacial Surgery Department, Sarawak General Hospital in collaboration with the Dental Faculty of University Technology MARA (UiTM). This project was started



in 2014, led by Dr. Tay Keng Kiong, Consultant Oral and Maxillofacial Surgeon of the Sarawak General Hospital. This innovative procedure managed to reduce the fabrication time from a few weeks to mere hours for a set of complete upper and lower dentures.

This procedure however, is not meant to replace the conventional technique, but to be an alternative faster method in the construction of a complete denture faster. The speed however comes with several setbacks including technology needs, skill requirements and cost factors.

Currently there are more than 30 sets of complete upper and lower dentures fabricated using this procedure. The research team has

gone as far as Bintulu and Kapit with their "1 DFD" services. This method has also been tested in several community projects including an old folks home; Rumah Seri Kenangan Kuching, to produce instant complete dentures for those in need.

Patients' expectations and satisfaction were reviewed. Most patients, are satisfied with the general functionality and quality of the dentures, in respect of comfort, retention, stability, aesthetics, speech and as masticatory function. The great majority of patients



expressed a high level of satisfaction and comfort with their new or replacement dentures, following a few visits of denture adjustment. The significance of patient review and professional maintenance are emphasized as it contributes to the success of oral rehabilitation with complete dentures and facilitates denture usage longevity among individuals.

This innovation which is the pride and joy of the Sarawak dental team, has won the following awards:

1. Pertandingan Inovasi Negeri Sarawak (2014) - Champion
2. Pertandingan Inovasi KKM (2015) - Champion
3. MOSTI Malaysia Year of Commercialization (2016) - Champion
4. Anugerah Inovasi Negara (2017) - Champion
5. 41st Islamic Development Bank Innovation Exhibition, Jakarta (2016) - Malaysian Representative

6. CAPAM International Innovation Awards (2016) – Semi-finalist

7. 4th Malaysian Dental Technologist and Trade Exhibition (2016) - Keynote Speaker

8. Malaysia International Dental Show, Sunway Pyramid (2016) - Speaker

9. Training module for Penang Dental Training School and USM, Kelantan.

10. Lectures in UM

This innovation is a breakthrough for Malaysia in the prosthodontic world. With this, it is hoped that the oral health status of the nation will continue to improve. We also hope that it will encourage the oral health fraternity to continue to innovate for the benefit of the nation.

So, fellow readers, what do you think of this new technology?



ORAL HEALTH ACTIVITIES THROUGHOUT JUNE - DEC 2017



Showcase activity during the KOA Hindu in Segamat, Johor - 21/7/2017



Dental buskers performance in Jom Heboh Johor edition - 28/10/2017



UKM 4th Year dental student field trip to Oral Health Program



Farewell (retirement) ceremony of Ms Lim Lean Yeng - 20/7/2017



One of the activities during the Mouth Cancer Awareness Week - 26/11/2017



The Japanese Embassy official visit to Oral Health Program - 1/11/2017



Note of understanding between Oral Health Program and the Community College Education Division - 11/9/2017



One of the activities during the Mouth Cancer Awareness Week - 26/11/2017



The Occupational Safety and Health week - 25/9/2017



The showcase activity during the Smart Kids Asia Program in Mid Valley - 27/8/2017



The community college students performance during the national launching of TWIST - 16/9/2017



The showcase activity in the Malaysian International Dental Exhibition and Conference (MIDEC) 2017 - 29/7/2017



Farewell ceremony for Ms Azimah - 23/11/2017



Johor Buskers performing at Jom Heboh Johor



Collaboration with Media Prima Bhd.



Final event of School Attack at Melaka Wonderland

Since 2015, the Oral Health Program and Media Prima have worked hand-in-hand in educational entertainment. These past 3 years have been memorable for us.

The partnership started through the Jom Heboh Programme and has continued from there. Come 2017, Media Prima once again extended invitation to the Oral Health Programme to join their School Attack! Programme.

For those who are not aware, Jom Heboh is a yearly agenda for the Malaysian media giant, where a

carnival is carried out for 2 days across Malaysia. This carnival combines entertainment and several other services for the public, topped off with Mega Sales of various products. Local artists and celebrities are a common sight at this event. The Oral Health Programme is fortunate to be invited to join in this huge event. We have participated in all of the Media Prima's events to date.

Activities by the Oral Health Programme are divided into 3: Booth, Stage and Mobile Check-up. Our booth is set with various events such as the Sudut Tanya Pakar,

exhibitions, interactive games and mini lectures. For the stage portion, we are given a slot at the Bananana Booth. The Bananana programme is a standalone genre while Jom Heboh caters for visitors, Bananana has a specific target group - kids aged below 16. Local cartoon character mascots such as Boboiboy and Agent Ali are a must see when you visit the Bananana booth. Here, we are usually allocated a 45 minute slot to entertain the kids through various activities such as singing, theatrical and many more. Free dental check-up and in some places, treatment is provided for visitors.

However no two Jom Heboh are the same. Each programme is conducted at the respective states, meaning, you'll get a unique experience from each of the different organizers. It is worth seeing the variety of oral health programme from the different states, such as Terengganu has their Mat Ganu as the highlight of their programme, while Penang conducts their programme with their take on the Disney hit movie Frozen.

Bananana is so big that it has spawned its own mini programme, the School Attack!. School Attack is a programme which combines entertainment and education for

school children. For entertainment we have many local artists performing and various games are held throughout the day. For the education portion, we have experience sharing from role models such as the national footballer M Thanaballan.

The Oral Health Programme has a unique position in the School Attack! Programme. We are involved both in the entertainment portion, with our games and theatricals, and we educate the children on proper oral health care.

This year unfortunately, the School

Attack! Programme was only held at schools in the Klang Valley and a few schools in Melaka. Media Prima expects to expand this programme further come 2018, involving all states.

Lets hope that both the partnerships through Jom Heboh and the School Attack! programme will continue for many years to come, both improving the oral health status of our nation and creating better entertainment for the nation! Happiness afterall is one of the main component of health.



Children watching a puppet show



Stage show at Bananana programme



Dance performance by the Johor Dental Team

MOUTH CANCER AWARENESS WEEK (MCAW) 2017

By: Dr Mazura Mahat



Activities at MCAW 2017

Mouth Cancer Awareness Week with the theme 'Mouth Cancer: #BeatItTogether' was held from 26th November to 2nd December 2017, aimed at increasing awareness among health professionals and the public. Nationwide activities included oral health screening for 28,401 people, 773 awareness campaigns and counselling for 10,202 individuals with risk habits.

At the national level, Mouth Cancer Awareness Week was launched on 26th November 2017 at Taman Botani Negara Shah Alam, Selangor by The Principal Director of Oral Health, Ministry of Health Malaysia. The event was a collaboration between the Oral Cancer Research & Coordinating Center (OCRCC) and 19 partners from the Oral Health Division MOH, Ministry of Defense, Dental Faculties of Public and Private Universities (UM, UiTM, UKM, USIM, SEGI, IMU, MAHSA, IIUM and Lincoln University College), professional dental associations (MDA, MAOMS,

MPDPHS, MAOFD and PPMSP), Cancer Research Malaysia, the National Cancer Society Malaysia and the Malaysian Dental Students' Association (MDSA).



Judging at MCAW 2017



The volunteers at MCAW 2017

During the launch, various activities such as a walkaton, senamrobik, pit stop quizzes on oral cancer and a flash mob dance were held. A song with an oral cancer theme was composed and presented by the dental buskers from Johore. Aside from this, winners of the oral cancer poster drawing competitions were announced, with medical check ups as well as dental screening among the new activities organized for the year.



MALAYSIA INTERNATIONAL DENTAL EXHIBITION & CONFERENCE 2017

By: Dr Nurul Syakirin Abdul Shukor

The Malaysia International Dental Exhibition and Conference (MIDEC) 2017, was held at the Kuala Lumpur Convention Centre from 28th to 31st of July 2017. The theme for MIDEC 2017: "Tomorrow's Dentistry Today", was very timely, as it fulfills the needs of today's patient care, which focuses on quality oral healthcare. The guest of honour, (YB Dato' Seri Dr Hilmi bin Haji Yahaya, the Honourable Deputy Minister of Health Malaysia,) YBhg, Datuk Dr Noor Aliyah binti Ismail, Principal Director of Oral Health, Ministry of Health Malaysia, representing graced the conference on the 29th July 2017.

Organized by the Malaysian Dental Association (MDA), the Oral Health Programme, MOH supported the conference by providing expert speakers and forum panellist as well as participants, comprising of 86 dental officers and 44 dental auxiliaries. As a whole, MIDEC 2017 assembles more than 2000 participants from all over the world. The scientific committee worked diligently to bring together more than 20 international and national speakers. A comprehensive line-up of presentations, encompassing various dental specialties and touching on a multitude of special interest were delivered during the three-day conference, to meet the demands of modern dental practitioners and



Key members of MIDEC 2017

dental allied health personnel. Running concurrently with the conference was the dental exhibition, which showcases the latest innovations and technologies in oral health care.

In conjunction with the MIDEC 2017, a MIDEC Forum was held. It was attended by the Presidents of National / Regional Dental Associations (NDA) from China, Philippines, Mongolia, Myanmar, Singapore, Thailand, Chinese Taipei, and Vietnam. MDA Council members and representatives from Dental Protection Limited, United Kingdom as well as the Oral Health Division, MOH Malaysia were also present as observers. The forum served as an important platform for Heads of these NDAs to share experiences and discuss the development of guidelines for various oral health policies in the participating countries. This time round, the topic of discussion was "Financing for Oral

Healthcare: Countries Experiences ". The session was moderated by YBhg. Datin Paduka Dato' Dr Nooral Zeila Junid, Dental Public Health Specialist from the Planning Division, MOH. Consensus was achieved, which will help to move dental practice and education forward in an optimal manner.

Another highlight of MIDEC 2017 was the MIDEC Gala Dinner Extravaganza and the MDA President Installation Night held on 28 July 2017. It was a memorable and history-making event because the MDA first lady president officially received the chain of office. In addition to that, it was the first time ever that the Director- General of Health Malaysia cum the President of the Malaysian Dental Council (MDC) was present at this prestigious event.



The Officiating Ceremony of MIDEC 2017



The MOU exchange ceremony

For Malaysian dental practitioners, 16 September 2017 marks two reasons to celebrate: 1) Malaysia Day 2) The National Launch of the Community College Oral Health Programme. To make this day even more memorable, the launch was officiated by YAB Dato' Seri Dr Ahmad Zahid bin Hamidi, the Deputy Prime Minister of Malaysia; a first for the Oral Health Programme.

The Community College Oral Health Programme, given the nickname, TW1ST (acronym for Transformation With 1 Smile Together), by the pilot participants, hailing from Kolej Komuniti Segamat 2, Johor has a deeper meaning than simply a random name. Indeed, TWIST will contribute towards transforming how the Ministry of Health offers its services in the future.

The Government Oral Health Service began in the early 50s with the school dental service. It was

subsequently expanded to other target groups, including pre-school children, antenatal mothers, special needs children, adults and senior citizens. One crucial group however, was not prioritised; the youth: too young to be adults, too old to be school children.

Youth are those aged between 15 to 29 years and they constitute 32% of the total population of Malaysia. This is a huge group who needed dental service. With the capacity of being future leaders, giving service to them is indeed the way to go for a sustainable future.

TW1ST aims to empower the students of community colleges to improve their oral health status, while acting as role models for their community.

The half day programme, held at Sekolah Menengah Sains Bagan Datoh, Perak saw active participation from the two main



One of the main booths at the 'TWIST' launch



Community College Oral Health Programme



collaborators, the Community College Education Department and the Oral Health Programme. The programme is supported by other government bodies, NGOs and other organizations.

Throughout the day, participants were entertained and educated through various oral health promotion activities including an oral health booth, flash mobs, short lectures, and aerobics. Community colleges also held various programmes through fruit carving, knitting and make up sessions.

Not forgetting, the welcoming show by the nationally acclaimed Anson Stompers, hailing from the Teluk Intan Community College. The crowd were further entertained by the Perak Choir team singing an original TW1ST theme song.

By: Dr Faris MN



The Anson Stompers

Program by becoming Ikon Gigi Remaja.

As the name implies, the icons will act as role models for other students towards improving their oral health status. TW1ST is further supported by the Community College Oral Health Promotion Day that will be held once a year, where various oral health programme will be conducted to increase awareness and provide treatment if necessary.

All in all, to have an event for all Malaysians is indeed an achievement in its own right. For the Deputy Prime Minister to grace the event amidst his busy schedule shows the importance of the programme to the nation. An empowered youth will definitely be a pillar for health of the nation in the future.

Currently, 16 colleges are involved, from a total of 92 colleges, with 32

icons trained to provide oral health messages to their fellow students and the public. This effort will be further enhanced by involving the other 76 colleges throughout Malaysia by early 2018. The Oral Health Programme has planted a seed that will continue to grow together with the students of the community college!



Dato' Seri Dr Hilmi giving his opening speech



Participants of the 'TWIST' Programme

Clinical Practice Guidelines: Management of Periodontal Abscess (2nd Edition, Dec 2016)

By: Dr Salleh Zakaria

Periodontal abscess (PA) is a common emergency in the dental clinic. It is the third most prevalent emergency infection after acute dento-alveolar

abscesses and pericoronitis. PA, which can be acute or chronic, is defined as a lesion associated with periodontal breakdown occurring during a limited period of time

with detectable clinical symptoms, including a localised accumulation of pus located within the gingival wall of the periodontal pocket.

Clinical Features 1



Redness, swelling and deep periodontal pocket (9mm) mesial of 41. IOP radiograph indicating horizontal bone loss

Clinical Features 2

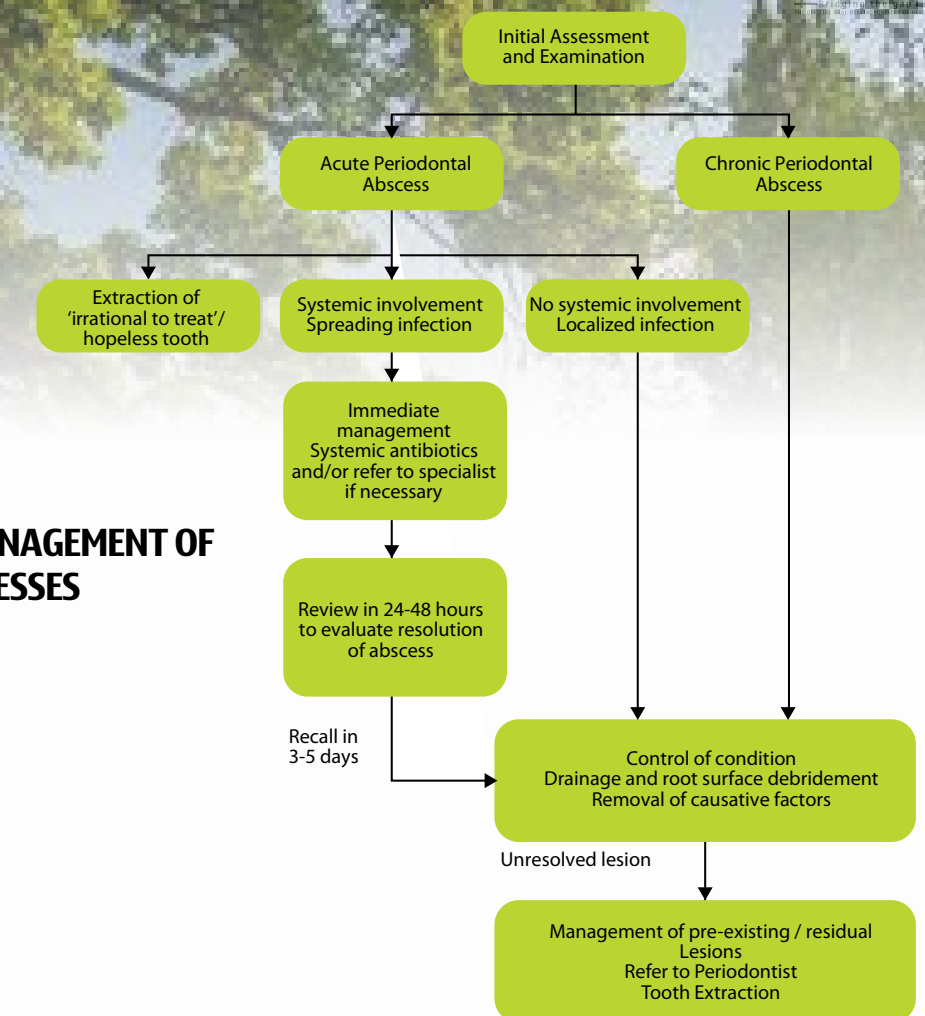


Redness and swelling on the palatal surfaces of 25 and 26, with mobility and deep pockets



OPG radiograph revealing widening of PDL space of teeth 25 and 26. Bone loss >1/2 of root length, with furcation involvement

ALGORITHM FOR MANAGEMENT OF PERIODONTAL ABSCESES



Management of PA: Key Messages

- History of a traumatic event e.g. impaction of foreign body into the periodontium is a clue to aid diagnosis of periodontal abscess.
- Current heavy smokers and poorly-controlled diabetics are more prone to severe periodontal disease with higher prevalence of periodontal abscess.
- Presence of swelling, suppuration, deep periodontal pockets and bleeding on probing are the main clinical features of PA.
- Mechanical debridement and drainage through the periodontal pocket without antibiotics is usually effective.
- Mechanical treatment of periodontal pocket is to debride the root surface using either a hand or ultrasonic scaler to facilitate drainage.
- Irrigation aims to remove debris and residual microorganisms.

Management of PA: Recommendations

- Detailed medical and dental history should be taken in diagnosing PA.
- A thorough subgingival scaling and root surface debridement should be carried out to treat abscesses in anatomically complex sites (e.g. furcation involvement or intra-bony pockets).
- Periodontal abscess with systemic spread, which is life threatening, or is not responding to oral antibiotics should be referred to a hospital immediately.
- For patients treated with antibiotics, drainage and debridement should be carried out within 5 days.
- Diabetic patients with acute symptoms should be given prompt treatment.
- Analgesics should be prescribed to alleviate pain.

This CPG is based on the best available contemporary evidence. They are intended as a guide for the best clinical practice in the management of periodontal abscess presently. Full version of this CPG is available on the following websites:

<http://www.moh.gov.my>

<http://www.ohd.gov.my>

<http://www.acadmed.org.my>

Movement of Staff

By: Dr Rohayati Mohd Noor
Updated : 30 June 2017

Promotion

No	Name	Position	Grade
1	Pn Haziah binti Hasan	Penyelia Juruterapi Pergigian	U38
2	Dr Noor Syahidah binti Hisamuddin	Ketua Penolong Pengarah Kanan Pegawai Pergigian	UG52

Transfers Out

No	Name	Position	Posting	Date
1	Dr Musfirah binti Musa	Pegawai Pergigian Gred UG48	KP Batu 9, Cheras, Selangor	17/7/2017
2	Pn Normala binti Omar	Penyelia Juruterapi Pergigian Kanan U38	Perak	1/8/2017
3	Pn Mahani binti Ahamad	Penyelia Juruterapi Pergigian Kanan U38	Johor	1/8/2017
4	Pn Hayati binti Mohd Yasin	Penyelia Juruterapi Pergigian U36	Kelantan	1/8/2017
5	Dr Nurul Izzati binti Mohd Ali	Pegawai Pergigian Gred UG48	Jawatan Simpanan Latihan	4/9/2017
6	Dr Noor Akmal binti Muhamat	Pegawai Pergigian Gred UG48	Jawatan Simpanan Latihan	4/9/2017
7	Cik Nor Azimah binti Abd Manab	Pembantu Tadbir (P/O) Gred N19	Pejabat TKPK (Perubatan)	16/10/2017
8	En Lockman Hakim bin Shamshul Kamar	Pemandu Gred H11	Bhg Khidmat Pengurusan	25/10/2017
9	Dr Norliza binti Ismail	Pakar Pergigian Kesihatan Awam Gred UG54	Pej TPKN (G) Selangor	14/11/2017

Transfers In

No	Name	Position	From	Date
1	Dr Leslie Sushil Kumar a/l D. Geoffrey	Pakar Pergigian Kesihatan Awam Gred UG56 Timbalan Pengarah Ketua Cawangan Kualiti Kesihatan Pergigian	Pejabat TPKN (G) Kedah	17/7/2017
2	Dr Nur Diana binti Ab Latif	Pegawai Pergigian Gred UG48 Ketua Penolong Pengarah Cawangan Akreditasi & Globalisasi Kesihatan Pergigian	Klinik Pergigian Bentong, Pahang	17/7/2017
3	Dr Nur Hamizah binti Abu Bakar	Pegawai Pergigian Gred UG48 Ketua Penolong Pengarah Majlis Pergigian Malaysia	Klinik Pergigian Cahaya Suria, WPKL	17/7/2017
4	Datin Dr Zaliza binti Zain	Pegawai Pergigian Gred UG52 Ketua Penolong Pengarah Kanan Majlis Pergigian Malaysia	Klinik Pergigian Cahaya Suria, WPKL	13/9/2017
5	Dr Susan Shalani a/p Gnanapragasam	Pegawai Pergigian Gred UG48 Ketua Penolong Pengarah Cawangan Penjagaan Kesihatan Pergigian Primer	Klinik Pergigian Puchong, Selangor	23/10/2017
6	Dr Amdah bt Mat	Pakar Pergigian Kesihatan Awam Gred UG56 Ketua Penolong Pengarah Kanan Cawangan Penjagaan Kesihatan Pergigian Masyarakat	Pejabat TPKN(G) Selangor	14/11/2017
7	Dr Siti Nur Baiduri binti Mohd Jaini	Pegawai Pergigian Gred UG48 Ketua Penolong Pengarah Cawangan Kualiti Kesihatan Pergigian	KP Beranang, Selangor	18/12/2017
8	Faizah binti Omar	Setiausaha Pejabat Gred N32 (M) Pejabat Pengarah Bahagian Penjagaan Kesihatan Pergigian	Maktab PDRM, Cheras	4/9/2017
9	Salasiya binti Atli	Pembantu Tadbir (P/O) Gred N19 Unit Pentadbiran & Kewangan	Pejabat TKPK (Perubatan)	16/10/2017
10	Fadilla bin Hashim	Pemandu Gred H11 Pejabat Pengarah Kanan Kesihatan Pergigian	Pejabat TPKN(G) Selangor	15/11/2017

Retirement

BIL	NAMA	JAWATAN	TARIKH
1	Pn Lim Lean Yang	Penyelia Juruterapi Pergigian U36	1/7/2017

25th Anniversary for Trainee Teacher Oral Health Programme

By: Dr Faris MN



Members of the workshop to revamp the Trainee Teacher Oral Health Programme

Quarter century, 25 years, 1991 to 2016. No matter how you put it, the Trainee Teacher Oral Health Programme has run for a very long time.

This programme has been conducted with the objective to empower teachers to improve their own oral health status and also that of students under their care. Currently, all 27 Trainee Teacher Institutes are covered by the Oral Health Programme. For 25 years, we have produced thousands and thousands of teachers, empowered with adequate knowledge to educate their students.

This programme is in parallel with the Ottawa Charter, where we aim to create a supportive environment. In this case,



Participants listening to a report

teachers are the support for students in taking care of their oral health. With a strong support, and programmes targeted towards school children, the oral health status of the nation will improve over time.

To make sure the programme continues to be relevant, a 3 day workshop was held, from the 25 to 27 October 2017, involving all stakeholders. Lecturers from various institutes, universities and colleges were present at this workshop. Representatives of the Oral Health Programme from all over Malaysia were also invited.



Group 7 of the Trainee Teacher Oral Health Programme workshop



Group discussion

It was indeed a fruitful discussion, weaknesses were solved, programme expansion was planned and rebranding was suggested.

This programme will be solidified in 2018, through updated guidelines and an official Memorandum of Understanding for it to continue to function as a platform where teaching and health work hand-in-hand in ensuring the improvement of the oral health status of the nation in the years to come. This is one of the few programmes which can be an example for the rest of us, as it has withstood the test of time and the challenges of change. May this programme continue for years to come!