**BAHAGIAN KEJURURAWATAN**
**KEMENTERIAN KESIHATAN**

# 5 MOMENTS HAND HYGIENE OBSERVATIONAL AUDIT TOOL

**Klinik:**
**Name of Mentee:**

| NO. | Procedure | 1 | | | 2 | | | 3 | | | 4 | | | 5 | | | Total amount of steps done | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | Before Patient Contact | | | Before And Aseptic Task | | | After Body Fluid Risk | | | After Patient Contact | | | After Contact With patient Surroundings | | | | |
| | | Y | N | N/A | Y | N | N/A | Y | N | N/A | Y | N | N/A | Y | N | N/A | Total | % |
| 1 | | | | | | | | | | | | | | | | | | |
| 2 | | | | | | | | | | | | | | | | | | |
| 3 | | | | | | | | | | | | | | | | | | |
| 4 | | | | | | | | | | | | | | | | | | |
| 5 | | | | | | | | | | | | | | | | | | |
| 6 | | | | | | | | | | | | | | | | | | |
| 7 | | | | | | | | | | | | | | | | | | |
| 8 | | | | | | | | | | | | | | | | | | |
| 9 | | | | | | | | | | | | | | | | | | |
| 10 | | | | | | | | | | | | | | | | | | |

**KEYS:**

**Y - Yes**
Record whether the person followed the hand hygiene procedure during

**N – No**
The above potential 5 'moments'.

**N/A - Not Applicable**
Each 'moment' should have a **(√)** in either a 'Yes', 'No', or 'N/A' box:-

**Yes** = They washed their hands or used alcohol gel at this stage
**No** = They did not wash their hands or use alcohol gel at this stage
**N/A** = This stage was not applicable to this client on this occasion

| No | STEPS | Q | ANSWERS | (√) | (X) |
|---|---|---|---|---|---|
| 1 | **Before touching a patient** | **WHEN?** | Clean your hands before touching a client when approaching him/her | | |
| | | **WHY?** | To protect the client against harmful germs carried on your hands | | |
| 2 | **Before clean/aseptic procedure** | **WHEN?** | Clean your hands immediately before performing a clean/aseptic procedure | | |
| | | **WHY?** | To protect the client against harmful germs, including the patient's own, from entering his/her body | | |
| 3 | **After body fluid exposure risk** | **WHEN?** | Clean your hands immediately after an exposure risk to body fluids | | |
| | | **WHY?** | To protect yourself and the health-care environment from harmful patient germs | | |
| 4 | **After Touching A Patient** | **WHEN?** | Clean your hands after touching a patient and his/her immediate surroundings when leaving the patient's side. | | |
| | | **WHY?** | To protect yourself and the health-care environment from harmful patient germs | | |
| 5 | **After Touching Patient surroundings** | **WHEN?** | Clean your hands after touching any object or furniture in the patient's immediate surroundings, when leaving - even if the patient has not been touched. | | |
| | | **WHY?** | To protect yourself and the health-care environment from harmful patient germs. | | |
| | | | **TOTAL** | | |
| | | | **%** | | |

**Calculation: Total no. correct x 100 =**

**----------**

**10**

**RESULT:**

| Rating | Conformance | Non- Conformance |
|---|---|---|
| **Total** | | |
| **Percentage** | | |

**REMARKS:**

**Name & Signature of Mentor:** .....